"How are Your Bowels?" A Simple Remedy that Guarantees Good Bowel Action.

Trace the origin of the common fils of life and almost invariably you will find that constipation was the cause. It is not to be expected that a mass of fermented food can remain in the system beyond its time without vitlating the blood and affecting the nerves and muscles. It congests the entire body.

The results are colds, fevers, piles, headaches, and nervousness, with its accompanying indigestion and sleep-There is only one thing to do and that is to remove the trouble; and when nature seems unable to do it, outside aid is necessary. You will and purgatives, for while these do but find the best of all outside alds a rem- temporary good, Syrup Pepsin cures edy that many thousands are now us-ing for this very purpose, called Dr. is to train the stomach and bowel Caldwell's Syrup Pepsin. Many hun-muscles to do their work naturally dreds of letters are received by Dr. again, and in a short time all forms of Caldwell telling of the good results medicine can be dispensed with. It obtained, and among the enthusiastic can be bought without inconvenience letters is one from Lieut. G. W. at any nearby drug store for fifty Vaughan, of 623 W. North St., Decatur. cents and one dollar a bottle, the latter III. He is 72 and has had a bad liver size being regularly bought by those and stomach since he came out of the who already know its value. Results army. He says he tried about every- are always guaranteed or money will thing, but never succeeded in getting be refunded. permanent relief until he took Dr. Caldwell's Syrup Pepsin. He is never without a bottle in the house, and he

salts and the various coarse cathartics it will do. NO RIGHT TO BE OUT

is never without good health.

Little Jasper Indignant Because His Product Seemingly Had Disobeyed His Orders.

Little Jasper Senter learned from the minister's sermon one Sunday that man was made of clay, so after returning from church he resolved to make him a man after his own fashion. The work proceeded in the clay bank back of the garden until his mother called Jasper to luncheon. He had completed all of the man save one leg.

That afternoon Jasper and his mother, while walking along the street, met a man with one leg, walking with crutches. Jasper accosted him and grabbed his coat.

'See here!" he said. "I thought I told you to stay there in the yard till I put that other leg on you."-Judge.

"Cascarets" for

No sick headache, sour stomach, biliousness or constipation by morning.

Get a 10-cent box now.

Turn the rascals out—the headache, billousness, indigestion, the sick, sour stomach and foul gases-turn them out to-night and keep them out with Cascarets.

Millions of men and women take a Cascaret now and then and never know the misery caused by a lazy liver, clogged bowels or an upset stom-

Don't put in another day of distress. Let Cascarets cleanse your stomach; remove the sour, fermenting food; take the excess bile from your liver and carry out all the constipated waste matter and poison in the bowels. Then you will feel great,

A Cascaret to-night straightens you A Cascaret to-night straightens you of such men in after days? Do they out by morning. They work while hide in shame from their fellows, fearyou sleep. A 10-cent box from any drug store means a clear head, sweet stomach and clean, healthy liver and bowel action for months. Children love Cascarets because they never gripe or sicken. · Adv.

Snail's Real Pace. "At a snail's pace" is a common ex-

pression and usually signifies very slow gait, but what do you suppos actual speed by a snail in traveling?

We can give it to you in accurate One foot in four minutes, or at the

rate of one mile in 16 days, if traveling continuously.

These are figures given by George Zahnizer, a civil engineer of this city. taken from actual observation.

A short time since Mr. Zahnizer was standing along the Western New York & Pennsylvania railroad waiting for a train. He had nothing in particular to do and "killed a little time" by timing a snall which was creeping along the

That snail traveled just exactly one foot in four minutes, Mr. Zahnizer says, and computing distance at the rate of travel shown Mr. Zahnizer has figured out that it would require 16 days for that snail to move a mile.

Never Too Late. Rev. Madison Peters said of New Year's resolutions the other day in

'I'd advise every one with a bad habit-whether it's alcohol or profanity, gambling or morphine-to swear

off hopefully. "Some poor fellow, especially among the alcohol, think it's too late their lives are ruined—no hope is

"But, as I always point out to them, a man is never too old to reform, though frequently he is too young to

New Way of Finding Water.

An Arizona observer has found out water is near the surface or not. When the mesquite grows up into tree form the ground water lies within fifty feet of the surface, but if it remains a shrub prospects for finding water are not so good. We are always learning that every natural phenomenon has meaning for us, if we can only read the meaning.-Farm and Fireside.

The Property.

Kriss-The Browns are divorced. Kross-Who has the custody of the car?-Town Topics.



LIEUT. G. W. VAUGHAN

Families wishing to try a free sample bottle can obtain it postpaid by addressing Dr. W. B. Caldwell, 203 Washington St., Monticello, Ill. A postal It has untold advantages over pills, card with your name and address on

If a man admires a woman she

should at least admire his good taste.

Putnam Fadeless Dyes will last until the goods wear out. Adv Holland and England will be directly connected by telephone as soon as new cables are laid.

Dr. Pierce's Pleasant Pellets first put up 40 years ago. They regulate and invigorate, stomach, liver and bowels. Sugar-coated tiny granules. Adv.

Plaster.

"They say absinthe is the favorite French drink." "Plaster of Paris, eh?"

What It Means.

Hip-What does it mean to say that a girl is as pretty as a picture? Hop-Merely a frame of mind. Michigan Gargoyle.

That Week Didn't Count. Isaac (who had just recovered from

typhoid)-Doctor, you have charged me for four weeks' calls; I vill pay for only three weeks! Doctor-But I called on you every

day for four weeks, Mr. Isaac. Isaac-Vell, dere vas one week I was delirious and I didn't see you come in.

Weakness.

The sick Seaman Evans ruled the destiny of the Scott Antarctic expedition. The weakest link in the chair gives the value to the chain. Civilization follows the path of least resistance. The drone or black sheep of the family centers the attention of the group on him, impairs its eco-nomic efficiency; in effect dominates the household. The enduring character of a society is determined not by its cultured group, but by its "submerged tenth."-or five-tenths.

Queer Reasons for Pride

Some weeks ago when the Volturno burned in midocean a few of the men rushed the boats and were knocked down by the captain. What becomes ful that they may be recognized and their infamy proclaimed? Not necessarily. A public librarian was once visited by a man who came to him for a book on notable shipwrecks. He searched the pages eagerly, then pointed out a passage referring to a seaman who tried to take a woman's place in a lifeboat, and had been shot by the captain. "I'm that man," he declared, proud that his exploit should appear in print, and offered to show the shot wound to support his claim!

ANOTHER COFFEE WRECK What's the Use When There's an Easy Way Out?

Along with the coffee habit has grown the prevalent "American Disase"-nervous prostration.

The following letter shows the way out of the trouble:

"Five years ago I was a great coffee drinker and from its use I became so nervous I could scarcely sleep at all nights. My condition grew worse and worse until finally the physician I consulted declared my troubles were due to coffee.

"But being so wedded to the beverage I did not see how I could do without it, especially at breakfast, as that meal seemed incomplete with-

out coffee. "On a visit, my friends deprived me of coffee to prove that it was harmful. At the end of about eight days I was less nervous, but the craving for coffee was intense, so I went back to the old habit as soon as I got home and the old sleepless nights came near making a wreck of me.

"I heard of Postum and decided to try it. I did not like it at first, because, as I afterwards discovered, it was not made properly. I found, however, that when made after directions on the package, it was delicious,

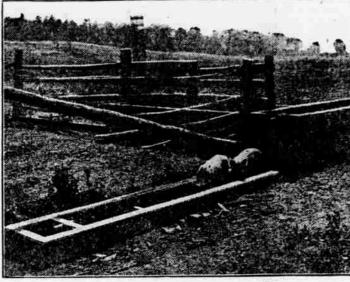
"It had a soothing effect on my nerves, and none of the bad effects that coffee had, so I bade farewell to coffee and have used only Postum since. The most wonderful account of how to tell by the mesquite whether the benefit to be derived from Postum could not exceed my own experience."

Name given by Postum Co., Bartle Creek, Mich. Write for a copy of "The Road to Wellville."

Postum now comes in two forms: Regular Postum-must be well

Instant Postum-Is a soluble poy der. A teaspoonful dissolves quickly in a cup of hot water and, with cream and sugar, makes a delicious bever age instantly. Grocers sell both kinds. "There's a Reason" for Postum.

HOG CHOLERA PREVENTION BY ALL OWNERS



Cement Trough for Pigs.

ous your hogs may be, it pays to and other carrion eaters. watch for news of a possible outbreak of the cholera anywhere in our neighborhood.

The sturdiest hogs will curl up and die when the germs of this hog pest are introduced into their system. Clean quarters, pure water, dry quarters and good breeding are worth while for themselves, but they will not keep cholera out of a herd.

The only preventive of cholera is the serum treatment. Most states are preparing a serum for their farmers, says an Illinois writer in the Farm Progress. All should do so. The state veterinarian is the man you should appeal to as soon as the cholera appears in your neighborhood. It makes no difference whether the disease is among your hogs or not. It may be, and that very soon, unless it is checked.

When cholera gets among hogs on my place I separate the healthy from those that are ailing just as quickly as I can. The next move is to notify the state agricultural college, or its nearest experiment station.

waiting for expert relief, either at the hands of the state experts or some local veterinarian, the hogs should be watched, and any new cases that develop should cause the well part of the herd to be moved

Of course, all animals that die of cholera should be burned as quickly to get word to the proper authorities as is convenient. Leaving them lying as soon as possible that the necessary in the open will cause the cholera steps may be taken.

No matter how healthy and vigor- | germs to be spread by buzzards, dogs

Burial of the bodies is satisfactory only when the are sprinkled with quicklime and buried at a depth of three to four feet. Many herds bave been wiped out by disease carried into their ranges by prowling dogs carrying bones and pieces of carrion through the fields.

There are no breeds of hogs that are immune from the cholera. There are certain individuals among a herd that show great resistance to the disease, but they are few in number. So far the efforts of breeders to produce such a strain have been failures. As to rearing, feeding and caring for a herd so farefully that cholera germs cannot hurt them, it is impossible. Anything moved from an infected

farm to a place that is not infected may carry the seeds of the disease. Of course hogs are most apt to carry it, but the utmost precautions should be taken that no animals, implements or foodstuffs should be brought from an infected place and left where the hogs might be exposed to contact with them. Sick hogs are the most common of disease carriers.

State veterinarians are always auxious to be informed of the outbreaks of cholera. The sooner they know of it the better chance they have of keeping it isolated in one community. It is a duty that every hog raiser owes to himself and neighbors.

To Eradicate Disease, Affected

Birds Should Be Isolated-

Burn All Dead Fowls.

(By H. L. KEMPSTER, Missouri Experi-

ment Station.)
Gapes is a disease affecting certain

birds, fowls, and particularly chicks

one to four weeks old. It is caused by

a small worm, called the gape worm.

which attaches itself to the windpipe

The symtoms are frequent gaping.

neezing, a whistling cough, with dis-

charge of mucus and worms, dumpish-

ness, weakness and dropping of wings.

Dead birds will show forked worms at-

The adult female gape worm is much

larger than the male, her body being

filled with eggs and embryos. These

embroys appear in the droppings or

are coughed up. So the trouble is

spread by contamination of runs, feed

and drinking water. Embroyos are

To eradicate the disease, isolate af-

fected birds, treat drinking water with

potassium permanganate; burn dead

birds and remove chicks to fresh

ground which is not infected. Cultiva-

tion of infected ground is said to eradi-

Individual cases may be treated in

By confining the chick for a short

Disposal of Manure.

Rye Meal for Cows.

Quick Milking Best.

Slow milking causes a

cate the worms in three years.

one of three ways:

chick to sneeze it out,

it hauled away daily.

of corn meal.

not get it foul.

tached to the windpipe.

often found in earthworms.

of its victim

GAPES IN CHICKS

TREATMENT FOR

FEW PRINCIPLES OF BEE-KEEPING

Essence of All Profitable Work Is to Keep the Colonies Strong and Vigorous.

The importance of scientific apiculture is being slowly but surely recog-With a wider knowledge of the part bees play in the pollination of fruit blossoms and the spread of rural education generally, bee-keeping cannot any longer be regarded as merely a hobby, but as one of the most important of the minor branches of the science of agriculture.

Although conditions differ, the principles of bee-keeping are the same the world over. The following axioms should be noted:

1. Bees gorged with honey never

2. Bees may always be made peaceable by inducing them to accept liquid sweets. 3. Bees when frightened by smoke

fill themselves with honey and lose all disposition to sting, unless they are hurt. 4. Bees dislike any quick move ments about their hive, especially any

motion which jars their combs. 5. In districts where forage is abundant only for a short period, the largest yield of honey will be secured

by a very moderate increase of colo-6. A moderate increase in colonies in any one season will, in the long run prove to be the easiest, safest and

cheapest mode of managing bees. A queenless colony, unless sup plied with a queen, will inevitably dwindle away or be destroyed by the

wax moth or by robber bees. 8. The formation of new colonies or suffocate the chick. should ordinarily be confined to the season when bees are accumulating honey, and if this or any other operation must be performed when forage is scarce the greatest precautions

should be used to prevent robbing. The essence of all profitable bee keeping is contained in the one golden rule: "Keep the colonies strong." If anyone cannot succeed in doing this the more money he invests in bees the heavier will be his losses, while if his colonies are strong he will prove a bee-master as well as a bee-keeper and may safely calculate on a gener ous return from his industrious sub-

Variety for Sheep. Sheep are partial to a change of diet, consequently the greater variety of feed, the better the re

Lime for Chickens. Air-slaked lime, freely dusted every where, is cheap, and will destroy lice gapes and roup germs.

Have Good Horses. It is far better to have two goo horses than four poor ones. Here is a place where numbers do not represent value.

Desirable Apples. The most desirable apple for mar ket purposes is the average size apple Not too large nor too small.

Next Year's Garden. Begin to plan next year's garden now before this year's experience is more butter fat than the same cow

Overpayment.

A certain statesman, condemning he international marriage that is based on mercenary and grounds, said in Washington: "Another pretty American countess

-she inherited eight millions from her father's wholesale hardware plant -has found marriage a disappoint-

"Her dved and corseted old husband said bitterly to her one day:

"'Ours was a business marriage. You bought my title with your millons, as you'd buy a yard of cloth in a

"'Yes.' blazed the young countess. yes-but I ought to have got some

Look, Mother! If tongue is coated, give "California Syrup of Figs." Children love this "fruit laxative,"

and nothing else cleanses, the tender stomach, liver and bowels so nicely. A child simply will not stop playing to empty the bowels, and the result is they become tightly clogged with waste, liver gets sluggish, stomach sours, then your little one becomes cross, half-sick, feverish, don't eat. sleep or act naturally, breath is bad, system full of cold, has sore throat, stomach-ache or diarrhoea. Listen, Mother! See if tongue is coated, then

Syrup of Figs," and in a few hours all the constipated waste, sour bile and undigested food passes out of the system and you have a well child again. Millions of mothers give "California Syrug of Figs" because it is perfectly harmless: children love it, and it never fails to act on the stomach, liver

give a teaspoonful of "California

Ask at the store for a 50-cent bottle of "California Syrup of Figs," which has full directions for bables, children of all ages and for grown-ups plainly printed on the bottle. Adv.

The road to hell is paved with good intentions and the payement smooth riding.

Before we censure a man for seem ing to be what he is not, we should be sure to know what he is

Deposits of platinum sufficiently rich

to make their operation profitable

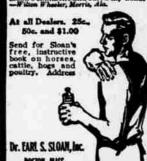
have been discovered in Germany.

are quickly relieved by Sloan's Liniment. Lay it on—no rub-bing. Try it.

Ankle Sprain and Dislocated Hip. Ankie Spram and Dislocated rip,
"I sprained my ankie and dislocated
my hip by falling out of a third story
months. Then I started to use your
animent, according to directions. I
must say it is helping me wonderfully.
We will never be without Sloan's Limment anymore."—Class Johnson, Louise
lation, N. I.

SLOAN'S

Kills Pain Solendid for Soraina



FREE TO ALL SUFFERERS

THERAPION

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Write for free booklet. Mason S. Peters National Serum Co. Pioneer Producera

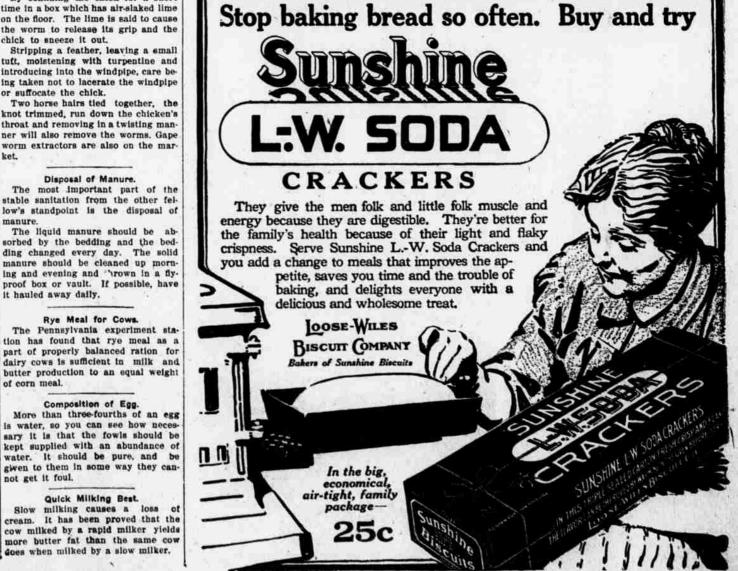
RICE BROTHERS

IMMUNIZE YOUR CHOLERA BY OUR HOGS AGAINST CHOLERA METHOD We are the Pioneers in the business and are operating under U. S. Veterinary License. No.

Anti Hog Cholera Serum

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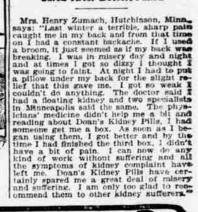






No Rest-No Peace

over, for weak kidneys, backache, to-regular kidney action and uric acid trouble. Thousands of grateful recommendations throughout the country prove their worth, WOULD ALMOST FAINT Cured After Doctors Failed









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Sprains, Bruises

Stiff Muscles

Genuine must bear Signature Brent Good











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